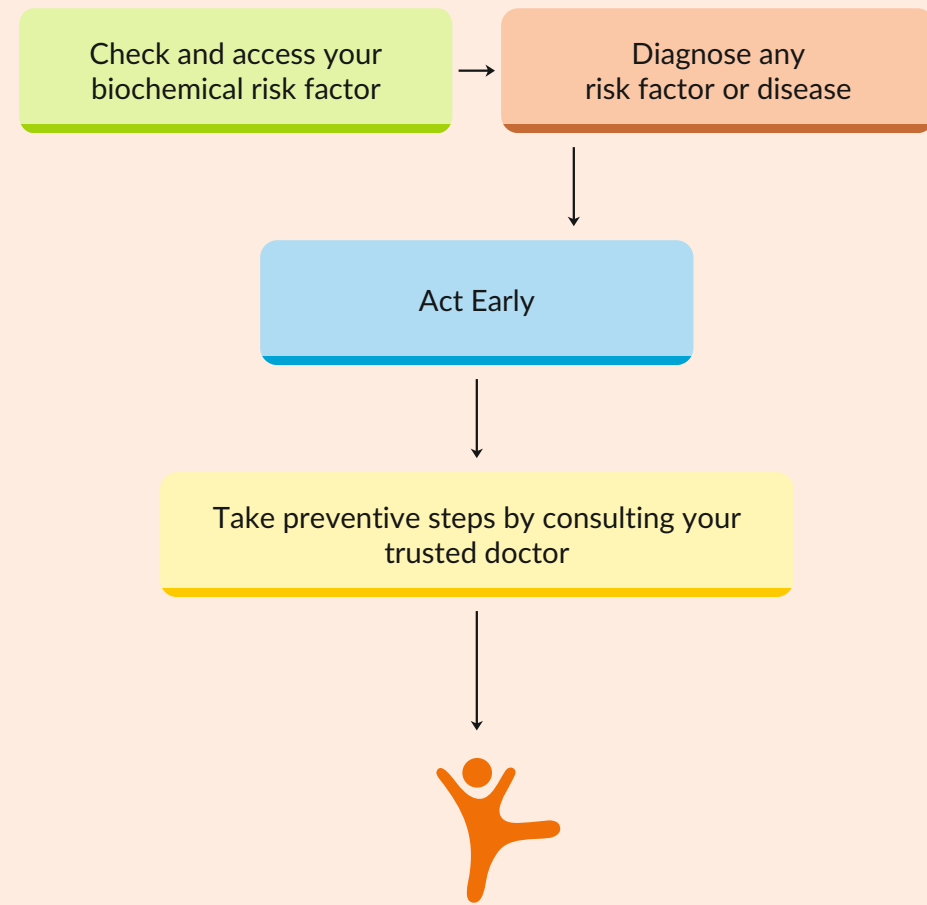


How does a health check-up  
**HELP YOU**



Help prolong your healthy life



For appointments, please contact

+91 9930058931 / 9833995688

(Weekdays : 8.00 am. to 8.00 pm.  
Sunday : 8.00 am to 12.00 noon)

Sunflower Laboratory & Diagnostic Center  
Keshav Kunj, Marve Road, Opp. Adarsh Bus Stop,  
Malad (West), Mumbai - 400064.  
Tel: 28633702 / 28626648

www.sunflowerlab.net

Are you worried about the health of your loved ones?

COMPREHENSIVELY DESIGNED  
**LIFESTYLE DISEASE**  
CHECK-UP PLANS FOR "EVERYONE"



**SUNFLOWER**  
LABORATORY & DIAGNOSTIC CENTER  
Excellence in Diagnostics

Why Lifestyle Diseases?

"LIFESTYLE DISEASES" are set of disease usually related to our changing urban way of life.

Common Lifestyle Related Diseases

- Diabetes
- High Blood Pressure (Hypertension)
- Heart Disease - especially Coronary Artery Disease
- Obesity
- Few Cancers: like Lung, Oral cavity, etc.



**3.5 million people** have a fatal end due to **lifestyle diseases** according to WHO.

Lifestyle diseases are on the rise. At our center we have carefully designed life style disease check-up panels to help screen and assess many important risk factors for these diseases.

"Love yourself enough to live a Healthy Lifestyle"



SUNFLOWER HEALTH PLAN	DIABETES SCREENING CHECKUP (Standard)	DIABETES SCREENING CHECKUP (Comprehensive)
<b>CBC (Complete Blood Counts)</b>	✓	✓
<b>DIABETES SCREENING</b>		
Blood Sugar Fasting+Post Prandial	✓	✓
HbA1c (3 months average sugar)	✓	✓
<b>LIPID PROFILE</b>		
Total Cholesterol	✓	✓
Triglycerides	✓	✓
HDL Cholesterol	✓	✓
LDL Cholesterol	✓	✓
<b>KIDNEY FUNCTION TESTS</b>		
Sodium+Potassium	✓	✓
Chloride	✓	✓
Creatinine	✓	✓
Urine Routine Analysis	✓	✓
<b>NUTRITIONAL DEFICIENCY SCREENING</b>		
Vitamin B12	✗	✓
Vitamin D3	✗	✓
<b>Urine for Microalbumin</b>	✓	✓
<b>C-peptide</b>	✗	✓
<b>ECG</b>	✗	✓
<b>High Sensitive Troponin-I</b>	✗	✓
<b>COST</b>	<b>Rs.2950</b>	<b>Rs. 7500</b>

SUNFLOWER HEALTH PLAN	HEALTHY HEART & BODY CHECK-UP	HIGH BLOOD PRESSURE CHECK-UP	COMPREHENSIVE HEART ATTACK RISK CHECK-UP	BASIC HEART ATTACK RISK CHECK-UP
<b>CBC-MAX (Complete Blood Counts)</b>	✓	✓	✓	✗
<b>CBC (Complete Blood Counts)</b>	✗	✗	✗	✓
<b>DIABETES SCREENING</b>				
Blood Sugar (Fasting + Post Prandial)	✓	✓	✓	✓
HbA1c (3 months average sugar)	✓	✗	✗	✗
<b>LIPID PROFILE (7 tests)</b>	✓	✓	✓	✓
<b>Apo-lipoprotein A1 &amp; B</b>	✓	✓	✓	✓
<b>Lipoprotein</b>	✓	✓	✓	✓
<b>Homocysteine</b>	✓	✓	✓	✗
<b>NT-Pro BNP</b>	✓	✗	✗	✗
<b>CORONARY INJURY PROFILE</b>				
CPK + CPK-MB	✓	✓	✓	✓
High Sensitive Troponin-I	✓	✓	✓	✗
<b>LIVER FUNCTION TESTS (10 tests)</b>	✓	✗	✗	✗
<b>KIDNEY FUNCTION TESTS</b>				
BUN	✓	✓	✗	✗
Creatinine	✓	✓	✓	✓
Protein + Albumin	✓	✓	✓	✓
Uric Acid	✓	✓	✗	✓
Calcium + Phosphorus + Electrolyte	✓	✓	✗	✗
<b>THYROID FUNCTION TEST</b>				
TSH	✓	✗	✗	✗
<b>NUTRITIONAL DEFICIENCY SCREENING</b>				
Vitamin B12 with reflex Active B12 test	✓	✗	✗	✗
Vitamin D3	✓	✗	✗	✗
<b>Urine Routine Analysis</b>	✓	✓	✓	✗
<b>Body Composition (Fat) Analysis</b>	✓	✗	✗	✗
<b>X-Ray of the Chest</b>	✓	✗	✗	✗
<b>Sonography of Whole Abdomen</b>	✓	✗	✗	✗
<b>ECG (Electro Cardiogram)</b>	✓	✓	✓	✓
<b>COST</b>	<b>Rs. 13000</b>	<b>Rs. 7000</b>	<b>Rs. 6000</b>	<b>Rs. 3800</b>
<b>COST (With Stress test or 2D Echo)</b>	<b>Rs. 15000</b>	<b>Rs. 9000</b>	<b>Rs. 8000</b>	<b>Rs. 5800</b>

SUNFLOWER HEALTH PLAN	OBESITY CHECK-UP (Standard)	OBESITY CHECK-UP (Comprehensive)
<b>CBC (Complete Blood Counts)</b>	✓	✓
<b>DIABETES SCREENING</b>		
Blood Sugar (Fasting + Post Prandial)	✓	✓
Insulin (Fasting + Post Prandial)	✓	✓
<b>LIPID PROFILE</b>		
Total Cholesterol	✓	✓
Triglycerides	✓	✓
HDL Cholesterol	✓	✓
LDL Cholesterol	✓	✓
<b>KIDNEY FUNCTION TESTS</b>		
Creatinine	✓	✓
Uric Acid	✓	✓
Calcium	✓	✓
Phosphorus	✓	✓
Electrolyte	✓	✓
<b>THYROID FUNCTION TEST</b>		
Free T3	✓	✓
Free T4	✓	✓
TSH	✓	✓
PTH (Parathyroid Hormone)	✓	✓
<b>NUTRITIONAL DEFICIENCY SCREENING</b>		
Vitamin B12	✓	✓
Vitamin D3	✓	✓
<b>Urine Routine Analysis</b>	✓	✓
<b>Body Composition (Fat) Analysis</b>	✓	✓
<b>Sonography of Whole Abdomen</b>	✗	✓
<b>High Sensitive Troponin-I</b>	✗	✓
<b>BMD (Dexa Scan)</b>	✗	✓
<b>ECG (Electro Cardiogram)</b>	✗	✓
<b>COST</b>	<b>Rs. 7200</b>	<b>Rs. 11000</b>
<b>COST (With Stress test or 2D Echo)</b>	<b>Rs. 9200</b>	<b>Rs. 13000</b>

SUNFLOWER HEALTH PLAN	CANCER SCREENING CHECK-UP (Female)	CANCER SCREENING CHECK-UP (Male)
<b>CBC - MAX + ESR</b>	✓	✓
<b>High Sensitive CRP (C-Reactive Protein)</b>	✓	✓
<b>Liver &amp; Renal Function Tests</b>	✓	✓
<b>Roma Risk Score (CA-125 + HE-4)</b>	✓	✗
<b>PSA with reflex Free PSA</b>	✗	✓
<b>CEA (Carcino Embryonic Antigen)</b>	✓	✓
<b>AFP (Alpha Feto Protein)</b>	✓	✓
<b>CA15.3 (Cancer Antigen 15.3)</b>	✓	✗
<b>CA19.9 (Cancer Antigen 19.9)</b>	✗	✓
<b>PAP Smear</b>	✓	✗
<b>Urine + Stool Routine Analysis</b>	✓	✓
<b>X-Ray of the Chest</b>	✓	✓
<b>Sonography of Whole Abdomen</b>	✓	✓
<b>Mammography Test</b>	✓	✗
<b>COST</b>	<b>Rs. 9800</b>	<b>Rs. 8400</b>

HEART BURN PROFILE (for Hyper Acidity)	Basic	Comprehensive	PCOS PROFILE (Polycystic Ovary Syndrome)	Basic	Comprehensive
<b>CBC</b>	✓	✓	<b>Blood Sugar + Insulin (Fasting + Prandial)</b>	✓	✓
<b>Blood Sugar Fasting</b>	✓	✓	<b>HbA1C</b>	✓	✓
<b>Liver Function Tests</b>	✓	✓	<b>FSH + LH + Prolactin</b>	✓	✓
<b>Amylase</b>	✓	✓	<b>Testosterone (Total+Free)</b>	✓	✓
<b>Lipase</b>	✓	✓	<b>Lipid Profile (7 tests)</b>	✓	✓
<b>Sonography of Upper Abdomen</b>	✗	✓	<b>Sonography of Pelvis</b>	✗	✓
<b>Helicobacter Pylori - IgA</b>	✗	✓	<b>TSH</b>	✗	✓
<b>ECG</b>	✓	✓	<b>DHEAS</b>	✗	✓
<b>COST</b>	<b>Rs.2800</b>	<b>Rs. 5200</b>	<b>COST</b>	<b>Rs. 4900</b>	<b>Rs. 7200</b>

\* For Blood Sugar fasting test 8 hours fasting is required.  
 \* For Lipid profile test 12 hours fasting is required.  
 \* Patient can have water and medicine during this period.  
 \* Urine and stool container to be collected from lab.

\* 2-D Echo and Stress test by appointment only.  
 \* Radio-Diagnostic tests are not available on Sunday.  
 \* X-Ray not to be done during pregnancy.  
 \* No Pap Smear test during menstruation